

# TAKE A HIKE

## Overview

**Number of Meetings:** 4 and Family Scavenger Hunt

**Advancements:**

<p>Tiger</p>	<p><b><i>Tiger Adventure: Backyard Jungle</i></b></p> <ol style="list-style-type: none"> <li>1. Take a 1-foot hike. Make a list of the living things you find on your 1-foot hike.</li> <li>2. Point out two different kinds of birds that live in your area.</li> <li>5. With your adult partner, go on a walk, and pick out two sounds you hear in your “jungle.”</li> </ol> <p><b><i>Tiger Adventure: Tigers in the Wild</i></b></p> <ol style="list-style-type: none"> <li>1. With your adult partner, name and collect the Cub Scout Six Essentials you need for a hike. Tell your den leader what you would need to add to your list if it rains. (trail food, sun block, first aid kit, water bottle, flash light, &amp; Whistle)</li> <li>2. Go for a short hike with your den or family, and carry your own gear. Show you know how to get ready for this hike.</li> <li>3. Do the following:             <ol style="list-style-type: none"> <li>a. Listen while your leader reads the Outdoor Code. Talk about how you can be clean in your outdoor manners.</li> <li>b. Listen while your leader reads the Leave No Trace Principles for Kids. Discuss why you should “Trash Your Trash.”</li> <li>c. Apply the Outdoor Code and Leave No Trace Principles for Kids on your Tiger den and pack outings. After one outing, share what you did to demonstrate the principles you discussed.</li> </ol> </li> <li>4. While on the hike, find three different kinds of plants, animals, or signs that animals have been on the trail. List what you saw in your <i>Tiger Handbook</i>.</li> <li>5. Participate in an outdoor pack meeting or pack campout campfire. Sing a song and act out a skit with your Tiger den as part of the program.</li> <li>6. Find two different trees and two different types of plants that grow in your area. Write their names in your <i>Tiger Handbook</i>.</li> <li>7. Visit a nearby nature center, zoo, or another outside place with your family or den. Learn more about two animals, and write down two interesting things about them in your <i>Tiger Handbook</i>.</li> </ol> <p><b><i>Team Tiger</i></b></p> <ol style="list-style-type: none"> <li>5. Do an activity to help your community or neighborhood team.</li> </ol>
<p>Wolf</p>	<p><b><i>Wolf Adventure: Paws on the Path</i></b></p> <ol style="list-style-type: none"> <li>1. Show you are prepared to hike safely by putting together the Cub Scout Six Essentials to take along on your hike.</li> <li>2. Tell what the buddy system is and why we always use it in Cub Scouts.</li> <li>3. Describe what you should do if you get separated from your group while hiking.</li> <li>4. Choose the appropriate clothing to wear on your hike based on the expected weather.</li> </ol>

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	<ol style="list-style-type: none"> <li>5. Before hiking, recite the Outdoor Code and the Leave No Trace Principles for Kids with your leader. After hiking, discuss how you showed respect for wildlife.</li> <li>6. Go on a 1-mile hike with your den or family. Watch and record two interesting things that you've never seen before.</li> <li>7. Name two birds, two insects, and two other animals that live in your area. Explain how you identified them.</li> <li>8. Draw a map of an area near where you live using common map symbols. Show which direction is north on your map.</li> </ol> <p><b>Wolf Adventure: Call of the Wild</b></p> <ol style="list-style-type: none"> <li>1. While a Wolf Scout, attend a pack or family campout. If your chartered organization does not permit Cub Scout camping, you may substitute a family campout or a daylong outdoor activity with your den or pack.</li> <li>3. While on a den or family outing, identify four different types of animals. Explain how you identified them.</li> <li>7. Do the following:             <ol style="list-style-type: none"> <li>a) Recite the Outdoor Code with your leader.</li> <li>b) Recite the Leave No Trace Principles for Kids with your leader. Talk about how these principles support the Outdoor Code.</li> </ol> </li> </ol>
Bear	<p><b>Bear Adventure: Fur, Feathers, and Ferns</b></p> <ol style="list-style-type: none"> <li>1. While hiking or walking for one mile, identify six signs that any mammals, birds, insects, reptiles, or plants are living nearby the place where you choose to hike.</li> <li>3. Visit one of the following: zoo, wildlife refuge, nature center, aviary, game preserve, local conservation area, wildlife rescue group, or fish hatchery. Describe what you learned during your visit.</li> <li>4. Observe wildlife from a distance. Describe what you saw.</li> <li>5. Use a magnifying glass to examine plants more closely. Describe what you saw through the magnifying glass that you could not see without it.</li> </ol> <p><b>Bear Adventure: Paws for Action</b></p> <ol style="list-style-type: none"> <li>3b. Do a cleanup project that benefits your community.</li> </ol>
WELEBOS	<p><b>Webelos Adventure: Webelos Walkabout</b></p> <p>Do all of these:</p> <ol style="list-style-type: none"> <li>1. Create a hike plan.</li> <li>2. Assemble a hiking first-aid kit.</li> <li>3. Describe and identify from photos any poisonous plants and dangerous animals you might encounter on your hike.</li> <li>4. Before your hike, plan and prepare a nutritious lunch. Enjoy it on your hike, and clean up afterward.</li> <li>5. Recite the Outdoor Code and the Leave No Trace Principles for Kids from memory. Talk about how you can demonstrate them on your Webelos adventures.</li> <li>6. With your Webelos den or with a family member, hike 3 miles (in the country, if possible).</li> <li>7. Complete a service project on or near the hike location.</li> </ol>

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	8. Perform one of the following leadership roles during your hike: trail leader, first-aid leader, lunch leader, or service project leader.
Arrow of Light	None
Webelos/Arrow of Light Elective Adventure	None

## Supplies Needed:

- ✓ Sealable sandwich baggie (1 per scout)
- ✓ Six adhesive bandages (per each scout)
- ✓ Two 3-by-3-inch sterile gauze pads (per each scout)
- ✓ One small roll of adhesive tape (per each scout)
- ✓ One 3-by-6-inch piece of moleskin
- ✓ Bottle of hand sanitizer (per each scout)
- ✓ Three individual packages of antibiotic ointment (per each scout)
- ✓ Pencils
- ✓ Scissors
- ✓ Crayons or markers
- ✓ Water bottles (1 per scout)
- ✓ Flashlight
- ✓ Whistle (1 per scout)
- ✓ Sun block (for each scout)
- ✓ Glue
- ✓ Small, soft hand ball
- ✓ Trash bags
- ✓ Back Pack (for the leader)
- ✓ White blank paper. Several for each scout

## Copies (1 per scout unless specified differently):

Session 1	<ul style="list-style-type: none"> <li>✓ Outdoor code cootie catcher sheet</li> <li>✓ Homework sheet</li> <li>✓ Outdoor Code and Leave No Trace Pledge sheet (1 per pack)</li> </ul>
Session 2	<ul style="list-style-type: none"> <li>✓ Urban Animal Sheet</li> <li>✓ Native Mammals, Birds, Insects, Snakes, and Trees cards. 1 set for each 4 scouts. Printed in color, front to back (check to make sure the pictures matches the description), and on card stock.</li> <li>✓ Divider sheer. 1 for every 4 scouts.</li> <li>✓ Tiger Homework. 1 per 2 Tigers</li> <li>✓ Wolf Homework</li> <li>✓ Bear homework. 1 per 2 Bears</li> </ul>
Session 3	<ul style="list-style-type: none"> <li>✓ Dress a scout set. 1 set per 2 scouts</li> <li>✓ Ants Go Marching Lyrics sheet. 1 per 2 scouts</li> <li>✓ Google map of each location</li> <li>✓ Opt Out Permission slip</li> </ul>
Session 4	<ul style="list-style-type: none"> <li>✓ Buddy System &amp; STOP sheet</li> <li>✓ Updated contact sheet for each scout (1 for each leader)</li> </ul>