Overview

Number of Meetings: 2

Advancements:

Tiger	Bobcat
Wolf	1. Learn and say the Scout Oath, with help if needed.
Bear	2. Learn and say the Scout Law, with help if needed.
	3. Show the Cub Scout sign. Tell what it means.
Webelos	4. Show the Cub Scout handshake. Tell what it means.
	5. Say the Cub Scout motto. Tell what it means.
	6. Show the Cub Scout salute. Tell what it means.
	7. With your parent or guardian, complete the exercises in the pamphlet How to
	Protect Your Children from Child Abuse: A Parent's Guide—Bobcat Requirements.
Lion	Lion's Honor
	 Show the Cub Scout sign. Tell what it means.
	2. Repeat the Cub Scout motto. Tell what it means.
	3. Show the Cub Scout salute. Tell what it means.
	4. Show teamwork and good sportsmanship by playing a game with your den.
	King of the Jungle
	 Participate in a flag ceremony with your den.
	2. Explain what it means to be a good citizen.
Tiger	Games Tigers Play
	1. Do the following:
	a. Play two initiative or team-building games with the members of your
	den.
	b. Listen carefully to your leader while the rules are being explained, and
	follow directions when playing.
	c. At the end of the game, talk with the leader about what you learned
	when you played the game. Tell how you helped the den by playing
	your part.
	Team Tiger
	2. With your den, make a den job chart that shows everyone doing something
	to help. As one of the den jobs, lead the Pledge of Allegiance at a den
	meeting.
Wolf	Council Fire
	Participate in a flag ceremony, and learn how to properly care for and fold
	the flag.
	2. Work with your den to develop a den duty chart, and perform these tasks
	for one month.
	for one monus.

Supplies Needed:

- ✓ American Flag ✓
- ✓ Boy Scout Law Poster
- ✓ Boy Scout Oath Poster
- ✓ Code of Conduct poster
- ✓ Material to do Behavior Tracker review Positive Den Management to choose the tracker and material needed.
- ✓ Large balloons
- ✓ Bobcat requirement strips
- ✓ Small Ball
- ✓ Scissors
- √ Wooden Clothes Pins (1 per scout)
- ✓ Material to make a Pack Duty Chart
 - ✓ Poster board & Markers

Copies (1 per scout unless specified differently):

Session 1	✓ Partnering Adult separated by rank
	✓ Cub Scout Information/Bobcat Sheets
Session 2	✓ Bobcat requirement sheet
	✓ Bobcat Cootie Catcher

Session 1

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Preparation and Materials needed	 ✓ Materials needed for this session: Oath and Law poster, American flag, a soft hand ball or object to throw, Partnering Adult letters separated according to rank, and the Bobcat Hand out. ✓ Write the leaders name on the Partnering Adult Letters. There is a line provided midway down the letter. ✓ Set up the room by arranging the chairs into a big circle. There should be enough chairs for everyone but the leader. If there are no chairs, make seats by putting a piece of paper to sit on. ✓ Have the Scout Oath and Law visible ✓ Have the attendance sheet out and ready ✓ Review the session to be prepared to lead the discussion. Do not read it to the scouts, be prepared ahead of time to smoothly lead the session.
Gathering	The Name Game
Opening	Pledge of Allegiance
Talk Time	The Scout Oath and Law
Activity	"I love a scout who" game
Closing	 ✓ Point out positive behaviors and activities shown during this session. ✓ Tell the scouts what next session will be. ✓ Have the scouts clean up the room ✓ Homework for scouts and Partnering Adult Letters
After the meeting	 ✓ Enter the advancements per rank. Lion – King of the Jungle 1 & 2 Tiger – Bobcat & Games Tigers Play 1a, 1b, & 1c Wolf – Bobcat & Council Fire 1 Bear – Bobcat Webelos – Bobcat Arrow of Light – Bobcat ✓ Enter attendance ✓ Turn in any needed documents into the district/council ✓ Call, text, or e-mail 2 parents to share something positive about their scout. Make sure every scout has a positive comment before you return to these scouts.

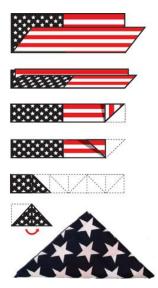
Gathering: Name game

Have everyone but the leader sit in a circle. For large groups with more than one leader or volunteers, divide the group into two or more circles playing at once. Suggest separating the groups by rank with the younger boys together and the older boys together. The purpose of the game is to learn everyone's name. The leaders explain the rules:

- 1. Everyone has to raise their hand to be ready to play.
- 2. The leader says their name and a noun starting with the same letter. The leader can require the noun to be an animal, a plant, a color, etc. For example, if the leader's name is Walter they would say, "Walter water." Then the leader throws the ball to someone with their hand up.
- 3. Throw the ball to someone who has his hand raised (but not the person beside you);
- 4. The person drops their hand when they catch the ball
- 5. If a boy drops the ball, don't try to retrieve it—just continue the game, the leader will get the ball and give it back to the boy to toss.
- 6. The person that caught the ball says the name and noun of the person that threw the ball to them (Walter water) and then says their name and noun (Steve snake)
- 7. Then tosses the ball to the next person with their hand up (not right next to them)
- 8. Play continues until everyone has caught the ball and no more hands are raised.
- 9. Play again, but, the leader can put more balls into the game; see how many balls can go at once without forgetting to say the names & nouns without dropping the balls.

Opening: Pledge of allegiance

- ✓ Pick 2 scouts to hold the flag These boys should be demonstrating good behavior
- ✓ Explain the two scouts will be holding the flag this week and two new boys will be picked every week.
- ✓ Holding the flag is an honor
- ✓ Explain the scouts in uniform have to salute the flag, those not in uniform put their right hand over their heart. Have everyone demonstrate the salute.
- ✓ Make sure the flag holders hold it up high to keep it off the ground, pull it tight, and hold it with both hands.
- ✓ Ensure all of the scouts are focused and ready to begin
- ✓ Lead the Pledge of Allegiance
- ✓ Explain the flag holders now get to fold the flag.
- ✓ To keep the group engaged ask them to guess how many folds it will take to fold the flag properly.
- ✓ Lead the flag holders in folding the flag counting out loud with every fold.



Talk Time: The Scout Oath and Law

One of the first thing a scout learns is the Boy Scout Oath and Law. Boy Scouts all of the world for over 100 years learned and live the oath and law. We are going to learn it together and we will be saying it every time we meet.

The Scout Oath is (Point to the Oath Poster and point to each word as you say it):

On my honor I will do my best
To do my duty to God and my country
And to obey the Scout Law:
To help other people at all times;
To keep myself physically strong,
Mentally awake, and morally straight.

What does "Oath" mean? Allow the boys to answer the question. Encourage any positive answers.

An oath is a promise. This means when you say "On my honor" you are saying you are a good person and I promise to do what I say no matter what! So saying "On my Honor" is like saying "I promise." It means that you will do your best to do what the Scout Oath says.

The Scout Oath has three promises. Let's look at what they mean.

To do my duty to God and my country, and obey the Scout Law... A duty is something you are expected to do. At home you might be expected to make up your bed or take out the trash. You also have duties to God and country. You do your duty to God by following teaches of your family and religious leaders. You do your duty to your country by being a good citizen and obeying the law. You also promise to live by the 12 points of the Scout Law.

To help other people at all times... Many people need help. A friendly smile and a helping hand make life easier for others. By helping other people, you are doing a Good Turn and making our world a better place.

To keep myself physically strong. Mentally awake, and morally straight... The last part of the Scout Oath is about taking care of yourself. You stay physically strong when you eat the right foods and get plenty pf exercise. You stay mentally awake when you work hard in school, learn all you can, and ask questions. You stay morally straight when you do the right thing and live your life with honesty.

Now the Scout Law. The first promise of the Scout Oath says we will follow the Scout Law. The Scout Law is 12 points. Each is a goal for every Scout. He does his best to live up to the law every day. It is not easy to do, but a Scout always tries.

Let's look at what the points of the law and what they mean. (Point to the points of the law as you talk about it)

A scout is Trustworthy. A scout tells the truth and keeps his promises. People depend on him. A scout is Loyal. A scout is true to his family, friends, Scout leaders, school, and country. A scout is Helpful. A scout volunteers to help others without expecting a reward.

A Scout is Friendly. A scout is a friend to everyone they meet, even people different from him.

A scout is Courteous. A scout is polite to everyone even people who are very different from him.

A scout is Kind. A scout treats others as he wants to be treated. He never harms other living creatures in actions, deeds, or words.

A scout is Obedient. A scout follows the rules of his family, school, and pack. He obeys the laws of his community and country.

A scout is Cheerful. A scout looks for the bright side of life. He cheerfully does tasks that come his way. A scout is Thrifty. A scout works to pay his way. He uses time, property, and natural resources wisely.

A scout is Brave. A scout can face danger even if he is afraid. He stands for what is right even if others laugh at him.

A scout is Clean. A scout keeps his body and mind fit. He helps keep his home and community clean. A scout is Reverent. A scout is reverent toward God. He is faithful to his religious duties. He respects the beliefs of others.

To help you remember the Scout Law there is a song called Trustworthy Tommy. Singing the song is like singing the alphabet song to remember your letters. I will sing the song now. If you know the song, join me. We will sing this song often in scouts. (Point to the points of the Law when you sing the song.)

Trustworthy Tommy Song (sang to the tune of Yankee Doodle)

Trustworthy Tommy was a Scout,
Loyal to his mother,
Helpful to the people around and
Friendly to his brother.
Courteous to a girl he knew,
Kind unto his family
Obedient to his father, too and
Cheerful in his habit.
Thrifty saving for a need
Brave and not a faker
Clean in a word and thought and deed and
Reverent to his Maker.

We will talk about this more next week, but let's do the best thing about Cub Scouts...Can you guess what that is?

Allow the boys to respond and encourage any positive responses.

We are going to play a game and have fun!

Activity: "I love a Scout who" game

The purpose of this game is to learn more about each other in a fun, interactive manner.

Have everyone sit in the circle and the leader explains the rules of the game. The rules are:

- The person without a seat is "it".
- "It" stands in the middle of the circle.
- "It" says, "I love a scout who...." Something true about them self. For example, "I love a scout who just learned about the scout oath and law" or "I love a scout who is wearing shoes."

- If it is true for the people sitting in the circle, they have to get up and find another seat. They have to move at least 2 seats away from their current seat. While the person "It" tries to find a seat.
- Whoever that did not find a seat is the new "it."
- If multiple people try to sit in the same seat, whoever has their butt down first gets the seat. If it is a tie, both people have to find a different seat. If it is the last seat available, the leader will get up and both people can sit and the leader is "it."
- The person that is "It" has 15 seconds to come up with something that is true for them self to go. If they cannot come up with anything the leader can choose to have everyone move or the leader can come up with something scout related to help the person that is "it".
- The leader should watch for people trying to be "it" too often. They tend to go slow so they cannot get a seat.
- The leader should discourage comments in bad taste. For example, "I love a scout who farts/poops/has a girlfriend/kissed someone/etc."
- After the game as the boys what they learned playing the game & how they helped the den to
 play their part of the game. (How they helped would be moving quickly, being honest, sharing
 about themselves, etc)

Closing: Introduction to Scout Homework

Scouting is a lot of fun and we do lots of interesting and fun things. But our families are very important. Each of us have adult partners that help us. For some of us our adult partner is our mothers and fathers, for others it is our grandparents, for others it is our aunts or uncles, for others it is our baby sitters, older brothers and sisters, or our neighbors. Adult partners are any adults that cares for us and wants us to be successful. Everyone think about who is that person. They probably help us with our homework, they ask us about our day, they make sure we eat good food, and have clean clothes. A scouts partnering adult is very important to help a scout be successful.

Sometimes at scouts we will have homework. Usually the homework is really easy. Our homework is usually asking your partnering adult what they think about something or tell you something special. Sometimes you need the partnering adult to help you to do something before the next meeting.

Today, we have our first homework of the year! It is a letter telling the Partnering Adult what we are going to do this year according to your rank. Also a copy of all of the stuff you need to know to earn your Bobcat. Your homework is to give these papers to your partnering adult and ask them to read it. Use the paper to review the Scout Oath, Law, the solute, the hand shake, the sign, and the motto to earn your Bobcat.

At the next meeting we will talk about our code of conduct. That means we will figure out how we think we should talk to each other and how we will act when we are together...Oh and we will play more games and have more fun!

Session 2

Preparation and	✓ Materials needed for this session: Oath and Law poster, American flag,
Materials needed	Code of Conduct Poster, Material to do your "Positive Den
	Management", Scout Law matching sheet, Cootie Catcher sheet, Scissors,
The posters, American	Markers, Wooden Clothes Pins (1 for each scout), large balloons (at least
Flag, and Positive Den	2 per scout), Bobcat requirement strips, a soft hand ball or object to
material are standard	throw
material. They will	✓ Set up the room to allow the boys to sit and do their Scout Law matching
not be included after	sheet or make their Cootie Catcher and an area to play Hot Potato
this session in the	✓ Have the Scout Oath and Law visible (after Gathering activity)
program guide, but	✓ Have the attendance sheet out and ready
they should always be	✓ Review the session to be prepared to lead the discussion. Do not read it
present at every scout	to the scouts, be prepared ahead of time to smoothly lead the session.
session.	✓ Make sure you reviewed the Positive Den Management section of the
	2016/2017 Program Guide to prepare for this session.
Cathoring	Scout Law matching worksheet (option 1)
Gathering	
Opening	Cub Scout Cootie Catcher (option 2) Pledge of Allegiance, Boy Scout Oath & Law
Opening	
Talk Time	The Code of Conduct, Positive Den Management System, Pack Duty chart
	Review the Positive Den Management section of the 2016/2017 Program
	Guide.
	 Choose what behavior tracker you will use. Make sure you can do this
	consistently all school year.
	Make sure you have all of the material needed for your chosen tracker.
Activity	Bobcat Balloon Race (option 1)
	Bobcat Hot Potato game (option 2)
Closing	✓ Have the boys officially demonstrate the Bobcat requirements.
	✓ Point out positive behaviors and activities shown during this session.
	✓ Tell the scouts what next session will be.
	✓ Have the scouts clean up the room
After the meeting	✓ Enter the advancements per rank.
	 Lion – Lion's Honor 1-4
	 Tiger – Bobcat & Team Tiger 2
	 Wolf – Bobcat & Council Fire 2
	Bear – Bobcat
	Webelos – Bobcat
	Arrow of Light – Bobcat
	✓ Enter attendance
	make the rack bacy roster. Sheek than the office in you need any
	supplies. Make sure the Pack number is on the top of the Poster.
	✓ Complete the Rank Advancement form for all boys completing the Raham R
	Bobcat
	✓ Turn in any needed documents into the district/council
	✓ Call, text, or e-mail 2 parents to share something positive about their
	scout. Make sure every scout has a positive comment before you return
	to these scouts.

Gathering Option 1: Scout Law Matching Worksheet

• Welcome the boys as they enter the meeting room.

How to play:

- Divide the boys into teams (no more than 15 boys per team), trying to balance the ranks between each team.
- Put one set of game strips for each team in a box at one end of the game area.
- One boy from each team will pull a strip from the box and put it on the correct sheet, in the correct order.
- The pieces can be rearranged as the game is played.
- Once all of the strips are put on the game board, one player at a time can make changes.
- The game is over when all strips are put in the correct order.

Gathering Option 2: Cub Scout Cootie Catcher

The sheets and scissors should be at seats for the boys as they come into the meeting room.

- Welcome the boys as they enter the meeting room.
- Instruct the boys to start making their own Cub Scout Cootie Catcher.
- Instructions are written on the sheet. For nonreaders either give instructions verbally or pair them up with older boys that can help them.
- Allow the boys to play with the cootie catcher.
- Walk around with the pairs and help them answer the questions, compliment correct answers.

<u>Opening: Pledge of allegiance, Boy Scout Oath & Law</u> (This is standard opening and the instructions will not be included to the Program Leader instructions after this session. Do this automatically)

Pledge of Allegiance

- ✓ Pick 2 scouts to hold the flag These boys should be demonstrating good behavior
- ✓ Explain the two scouts will be holding the flag this week and two new boys will be picked every week.
- ✓ Holding the flag is an honor
- ✓ Explain the scouts in uniform have to salute the flag, those not in uniform put their right hand over their heart. Have everyone demonstrate the salute.
- ✓ Make sure the flag holders hold it up high to keep it off the ground, pull it tight, and hold it with both hands.
- ✓ Ensure all of the scouts are focused and ready to begin
- ✓ Lead the Pledge of Allegiance
- ✓ Explain the flag holders now get to fold the flag.
- ✓ To keep the group engaged ask them to guess how many folds it will take to fold the flag properly.
- ✓ Lead the flag holders in folding the flag counting out loud with every fold.

Boy Scout Oath

- ✓ Make sure the Oath and Law posters are visible.
- ✓ Pick 1 boy to lead the Boy Scout Oath this boy should be demonstrating good behavior

 Developed at Crossroads of America Council After School District Lead by Josette Crawford

 Committee members:

✓ Make sure the boys have the Boy Scout Sign, are quite, and focused before the boy starts the Oath.

Boy Scout Law

- ✓ Pick 1 boy to lead the Boy Scout Law this boy should be demonstrating good behavior.
- ✓ Make sure the boys have the Boy Scout Sign, are quite, and focused before the boy starts.

Thank all of the boys for being leaders today.

Talk Time: Code of Conduct, Positive Behavior Management system, & Pack Duty Chart

(Review the Positive Den Management section of the 2016/2017 Program Guide to conduct this section)

Code of Conduct: Today we are going to write our own code of conduct. This is how we will talk and act toward each other during our meetings. We all make this together. The only rule is we have to use positive words. So instead of saying, "no talking" we would say, "be quiet" or "be respectful". What do you think our code should say?

Allow all of the boys respond. Encourage any positive responses. Summarize the list of behavioral expectations. Make sure the list includes the 3 R's: Respect for others, Responsibility for yourself and your things, and Reasonable behavior. Boys should sign the code of conduct, and it should be displayed at every meeting.

Behavior Management System/Behavior Tracker: Now that we know what is expected during our meetings, we have to keep track of our behavior. This will help us make sure we are doing our best every day. I will be using this tracker to help me to tell you and your partnering adult how great you are.

Explain which behavior tracker you will be using.

Pack Duty Chart: Every time we meet there are chores or jobs have to be completed. We are calling those jobs are duties. Some of the important duties are hold the American flag, lead the pledge of allegiance, lead the Scout Oath, & lead the Scout Law.

If your behavior tracker need a person to do something like move a clip or add a marble into the jar add this to the list of duties.

What other duties should be added to the list for us to do every time we meet. Write these on a sheet to be posted. Some duties may be line leader, line tail (the last person to keep everyone together), Pack tracker (this person count the number of scouts at the meeting and makes sure everyone is in the room or out of the bathroom), cleaning crew, etc. let the boys create the duties.

To keep track of who is doing what duty every meeting I will make a poster with each duty on it. All of you have to decorate or at least put your name on a clip. At each meeting I will put your clip on your duty of the day.

Activity Option 1: Bobcat Balloon Race

The purpose of the game is to practice the Bobcat requirements in a fun way.

Materials: balloons blown up with a different Bobcat requirement inside (Scout Oath, Scout Law, Cub Scout Motto, Cub Scout Sigh, Cub Scout Handshake, Cub Scout Salute). Have at least 2 balloons for each boy.

How to play:

- Divide the boys into 2-4 teams, trying to balance the ranks between each team.
- Put all of balloons on the floor in one area.
- One boy from each team will run to the pile, grab a balloon, run back to the group, and sit on the balloon to pop it.
- If the boy can answer the question without help, the team gets 3 points. If the boy needs help from his team, the team gets 1 point.
- Continue until all balloons are popped.

Activity Option 2: Bobcat Hot Potato

Purpose of the game is to practice for the Bobcat in a fun way.

The leader has to know and sing the "Trustworthy Tommy Song" to play this game.

Have the boys stand up in a circle. Explain to the boys they are to pass the object (can be a ball, a balloon, anything that can be easily passed around) as quickly as possible until the song ends. Whoever is holding the object when the song ends they have to do a part of the Bobcat. The leader will sing the song, but the boys should join the song as soon as they learn it.

The game ends when the boys start getting squirrely.

Closing: Officially earn the Bobcat

We have practiced and played with the Boy Scout Oath, Law, Sign, Handshake, Motto, and the salute, now we are going to do it for real to earn your first rank.

Line all of the boys up in front of the leader like a platoon

Have the scouts do the following (with help if needed):

- 1. Say the Scout Oath
- 2. Say the Scout Law
- 3. Show & Explain the Cub Scout Sign (2 fingers up in the air. They are Akela's listening ears so all mouths are quiet.)
- 4. Show & Explain the Cub Scout Handshake (Left hand because it is closer to the heart, 2 fingers out for the Oath & Law). The leader should shake every boys hand.
- 5. Say & Explain the Cub Scout Motto
- 6. Give & explain the Cub Scout Salute (2 fingers of the right hand to the brow to show respect)

Congratulations, you have earned your Bobcat. Remember you will be asked to do these things over and over again, so never forget your Bobcat!