Cub Scout Information

Cub Scout Sign

Cub Scout Motto

Do Your Best

Webelos Means:

"We'll be loyal Scouts"

Scout Oath

On my honor I will do my best
To do my duty to God and my country
And to obey the Scout Law:
To help other people at all times;
To keep myself physically strong,
mentally awake, and morally straight.

Scout Law

A Scout is trustworthy,
loyal, helpful, friendly,
courteous, kind, obedient,
cheerful, thrifty, brave,
clean, and reverent.

Cub Scout Salute

Cub Scout Handshake
Do you know how to fold a flag?

Use a piece of paper to practice folding is like a flag.
Instructions:
1. Cut out the entire picture using the outside square line.
2. Fold the square in half both way making the big square into 4 equal squares.
3. Fold the corners into the center to make 2 big triangles.
4. Flip the paper over with the flaps down and repeat steps 2 & 3.
5. This should leave the ranks down, the words are hidden, and the numbers are showing up.
6. Put finger into the rank flaps and push all of the points to the center creating a pyramid.
7. To play find a partner. Partner picks a rank, spell the word opening and closing the catcher, leave it open and partner picks a number, open the flap and the partner following the written instructions.
Outdoor Code

1. Be Clean in my Outdoor Manners
   I will keep my trash out of lakes, streams, fields, woods, or roadways.

2. Be Considerate in the outdoors
   I will learn how to practice good conservation of soil, water, forests, minerals, grasslands, wildlife, and energy.

3. Be Careful with Fire
   I will not build fires only appropriate where they are.

4. Be Kind in the outdoors
   I will use low impact methods of hiking and camping.

1. Print and cut round outside of cootie catcher
2. Fold in half and in half again
3. Open out, turn over so top is blank and fold each corner into the middle
4. Turn over and repeat
5. Turn over so you can see the pictures
6. Slide your thumb and your finger behind 2 of the pictures and press together so they bend round and touch
7. Turn over and repeat with the thumb and finger of the other hand for the other two pictures
8. All the pictures should now be at the front with centres touching and you are ready to use your cootie catcher!
Blank on purpose
How do you dress for a Hike?

Draw your hiking clothes.
Urban Animals

Look out in your backyard or in a nearby park and you will see animals that live happily alongside humans. These animals have adapted their behavior, what they eat, and where they sleep, so they can thrive in urban areas. Some even depend on humans for their survival.

WORD SEARCH
Words may be horizontal, vertical, backwards, or diagonal

O P O S S U M M F T A
M C N I F E S U O N
P I G E O N N X T R
O E W D R O D N S L
S A O R O R F U N C
S A R C A O I K I U
U E C T X I O S C D
M A S Q U I R R E L
R S E A G U L L H C
E S U O M E S U O N
H E D R A L L A N M T

FUN FACTS
When an opossum is afraid, it will "play dead" until it feels safe.

In the summer and spring, squirrels and chipmunks hide food for the winter.

A rat’s teeth never stop growing.

URBAN ANIMAL MATCH UP
Draw a line from the urban animal to its name.

Squirrel
Raccoon
Crow
House Sparrow
Duck

Color the Opossum

Word Search Answer
The Six Boy Scout Knots
by John Geffre

Square Knot
The square knot is used as a binding knot for such things as clamping a pad on a wound, tying a gathering rope on the male end of an extension cord, or as a shoestring knot. The bowknot we all use to tie our shoes with is really just a double slipped square knot. The books say not to use the square knot to tie two ropes together because it can untie itself under the right conditions but I have used a single slipped square knot to tie two ropes together for years without a problem yet.

BowlimeType: text
The bowline is used to make a non-slip loop on the end of a rope. It is called the king of knots and it is so dependable that it can be used for rescue work.

Sheet Bend
The sheet bend is the knot you are “supposed” to use to tie two ropes together. You can tie on to a sheet or blanket with it if you fold the corner of the sheet into a point and substitute it for the left rope below.

Clove Hitch
The clove hitch is known in the oilfield around here as a claw hitch. It is the best knot to use with stiff large diameter rope because it never makes a sharp bend. It is also used to start and finish lashings. A lashing is a series of wraps tying two poles together.
Two Half Hitches

Two half hitches is my favorite knot. You can tie onto almost anything with it. In the first step, if you go around the post one and a half times instead of just one half time as shown, you will make a knot called “a round turn and two half hitches” which will grip onto the post extremely well. If you go around the post two and a half times or more, you will make a knot called “the pipe hitch” which will form a death grip on the post.

Taut-line Hitch

The taut-line hitch is my least favorite of the six boy scout knots. It is used as an adjustable knot in tent guy lines and that’s about all it is used for. This knot has to be internally tightened quite tight for it to work properly. Two half hitches works almost as well as this knot for tent guy lines and the trucker’s knot works even better.

Other Useful Knots

Overhand Knot

Use this knot on both ends of your rope to keep it from unraveling and as a “stopper” knot. I have found that I like a stopper knot better than “whipping” because both can come off the end of the rope but you can retie an overhand knot quickly and without having to find some whipping material.

Coiling a Rope

Learn how to do this, it is important.

Hitching Tie

So cowboy, how do YOU tie your horse to the hitchin’ rack? Learn how to tie this knot real fast and you can tie a rope to anything in about 3 seconds and untie it in nothing flat.

The Trucker’s Knot

This is the most useful knot that I know of. Use it to make a very tight rope between two objects. The knot in step 1 can be a clove hitch, two half hitches, or my favorite the hitching tie as shown. The knot in step 3 is called the slip knot. In step 4 after you have pulled the “bight” (bight means “rope folded in half”) through the slip knot as tight as you can, pinch the crossing with your left thumb and forefinger so your right hand can tie the knot in step 5. The knot formed in step 5 is called a slippery half hitch or a slipped half hitch. By the way, a hitching tie is actually a slipped slip knot for anyone who cares about such things.

If you tie the trucker’s knot using a hitching tie as shown, the whole conglomeration can be untied with only four pulls in the right places. See if you can figure out which are the four right places.
<table>
<thead>
<tr>
<th>Recycled Item</th>
<th>Interesting Facts</th>
<th>It is Recycled Into</th>
</tr>
</thead>
<tbody>
<tr>
<td>Newspapers</td>
<td>Two weeks of daily <strong>NEWSPAPERS</strong> equals one full-grown tree.</td>
<td>writing paper, newspaper, cardboard boxes, cereal boxes, toilet paper, tissue paper, paper towels</td>
</tr>
<tr>
<td>Plastic</td>
<td>Americans use 2.5 million <strong>PLASTIC</strong> bottles every hour. 40 recycled soda bottles make enough fiberfill to stuff a sleeping bag.</td>
<td>fiberfill, tote bags, clothing, containers, carpet, strapping, fleece wear, luggage, bottles, pipe, buckets, benches, plastic lumber, picnic tables</td>
</tr>
<tr>
<td>Aluminum</td>
<td>You can save enough energy to operate a television for six hours by recycling just two <strong>ALUMINUM</strong> cans.</td>
<td>cars, soda cans, aluminum foil, construction products, lawn chairs</td>
</tr>
<tr>
<td>Glass</td>
<td><strong>GLASS</strong> bottles and jars can be recycled over and over again. There is no limit. In the landfill, glass takes a million years to break down.</td>
<td>glass bottles, jars, tile, road paving, fiberglass insulation, marbles</td>
</tr>
<tr>
<td>Batteries</td>
<td>Some <strong>BATTERIES</strong> contain heavy metals such as mercury, cadmium, and lead which can pollute our air, ground and surface water if thrown out in the regular garbage.</td>
<td>Recovered cadmium can be made into new rechargeable batteries. Nickel and iron can be recycled into stainless steel products like pots and pans.</td>
</tr>
<tr>
<td>Steel</td>
<td><strong>STEEL</strong> is the most recycled material in the U.S. Through recycling each year, the steel industry saves enough energy to power 18 million homes - 1/5th of the homes in the U.S.</td>
<td>food cans, cars &amp; trucks, buildings, bridges, tools, refrigerators &amp; other appliances, almost anything made of steel</td>
</tr>
</tbody>
</table>
Hanging Birdhouse/Feeder

Instructions:

1. Lay out craft sticks to create panels. These will become the base/floor and the roof panels. Use a full stick as a guide for length.

2. Once all laid out and lined up, add glue to four (4) sticks and place across the base and middle for hold the panel together and support it.

3. Make three (3) panels.

4. Set two (2) of the panels to the side to use later.

5. With the last panel, flip it over and add two (2) sticks along the edge, perpendicular to the base sticks.

6. Add dots of glue to all four corners and add to sticks overlapping previous lay, log cabin style.

7. Cut one stick in half and glue to base to create a step for the birds. Glue sticks over the top to hold into place.

8. Resume adding sticks using the log cabin method until the sides are approximately 2 inches tall, only applying glue to the corners.

9. Get the other two panels and glue them on as a peaked roof.

10. When everything is dry, cut two pieces of string about 1 and a half foot long each. String through the bottom of the bird feeder and up through slats in the sides. Tie all four ends in a knot to hang the birdhouse.

11. Smear peanut butter or shortening on the floor of the bird house to hold the wild bird seed.

12. Hang the birdhouse/feeder someplace outside to watch the birds enjoying the house and seeds!
You Can Be a Recycling Superhero!

Reduce, reuse, recycle and buy recycled products.
It's good for you and our environment.
You can help protect our planet.
## Reuse and Recycle

Color these new uses for everyday items.

<table>
<thead>
<tr>
<th>Item</th>
<th>Reuse</th>
<th>Recycle</th>
</tr>
</thead>
<tbody>
<tr>
<td>It’s an everyday item you can find around your home.</td>
<td>You can use again in some other way.</td>
<td>It gets manufactured into something new.</td>
</tr>
</tbody>
</table>

- **Newspaper**
  - When you’re finished reading it, reuse it as wrapping paper.
  - The newspaper you recycle can be made into a cereal box.

- **Pickles**
  - When you’re finished with the pickles, use the jar to hold drawing supplies.
  - The jar you recycle can be used to make new jars.

- **Milk Bottle**
  - When the milk bottle is empty, cut off the top and use for a planter.
  - The plastic bottle you recycle can become part of a picnic table.
Buy Recycled

Use the WORD BANK on the left to fill in the blanks below with my favorite "buy recycled products" words.

Close the ______________ loop. Buy items that are _________ from recycled materials. How can you tell if a product is made from recycled materials? Read the ____________ labels. Look at these products around your ___________: paper towels, napkins, greeting cards, soda ____________, toilet paper, cereal/cookie boxes, egg cartons, facial tissues, trash ________, pencils, writing paper. Are they made of recycled materials?

Word Search

Find my favorite WORD BANK words going up, down, forward, backward or diagonal in the puzzle below.

WORD BANK

RECYCLE REUSE
REDUCE BURN
ALUMINUM ENERGY
LANDFILL GLASS
CONSERVE PAPER
BATTERY SAVE
Reduce Your Garbage

It’s much better not to make waste in the first place. Reducing waste is easier than figuring out what to do with it once you’ve made it. Here are nine things you can do to reduce your garbage:

- Carry your lunch in a reusable bag or lunchbox instead of a paper bag.
- Use a glass or plastic cup instead of a paper cup.
- Mend and repair clothes and toys rather than buy new ones.
- Pick products that have little or no wrapping or packaging.
- Use cloth bags to carry things you buy, not paper or plastic bags.
- Buy food and other products in the largest size possible.
- Buy products in bottles you can refill.
- Store leftover food in reusable containers, not in plastic wrap or foil.
- Avoid buying “disposable” products. Buy things that will last a long time.

Reduce Waste – Shop Wisely

Write the name of the family with the GROCERY LIST that is better at reducing waste: ______________________.

Watago Family List

- Juice in large bottles
- Rechargeable batteries
- Cereal in large economy box
- Reusable plastic plates, cups and bowls
- Fresh fruits & vegetables
- Lunch box
- Thermos
- Cloth napkins
- Bars of soap

Wattsamata Family List

- Juice in disposable boxes
- Regular batteries
- Single-serving boxes of cereal
- Paper cups, plates and bowls
- Canned fruits & veggies
- Paper lunch bags
- Six pack of soda
- Paper napkins
- Soap in plastic dispensers
Garbage to Claw Maze

Take the garbage truck to the tipping floor at the Waste-to-Energy Plant.

Metal Claw above Tipping Floor

Garbage Truck

Did you know the claw can scoop up 6 tons of garbage at once? That’s as much as the weight of two full sized pickup trucks!
Name: ____________________

**Sort it OUT!**

**Directions:** Cut and paste the pictures.

<table>
<thead>
<tr>
<th>Recycle</th>
<th>Compost</th>
</tr>
</thead>
<tbody>
<tr>
<td>![Recycle Icon]</td>
<td>![Compost Icon]</td>
</tr>
</tbody>
</table>

Compost

- ![Checkmark] veggies
- ![Checkmark] grass
- ![Checkmark] fruits
- ![Checkmark] leaves
- ![Checkmark] coffee grounds
- ![Checkmark] tea bags
- ![Checkmark] bread

**NO:** meat, fat, cheese, poop

© Ms. Makinson
First Responder Word Search

Aid  Bandage  Safety  
Harm  Burn  Tape  Fracture  
Scratch  Splint  Wound  
Airway  Bite  Cut  
Help  Injury  Xray  
Shock  Sprain  Poison  
Fainting  

B -- P -- E -- L -- S -- T -- E -- R -- S -- M -- X
N  Z  S  A  F  E  T  Y  R  U  L  J  N  U  M
P  O  S  I  O  N  A  R  Y  A  R  E  A  L
R  E  A  L

N  Z  O  S  I  N  A  G  E  V  C  S  T  E  R  E  N
P  L  Z  N  T  P  L  A  S  M  N  D  S  M  A  R  T
N  Z  S  A  F  E  T  Y  R  U  L  J  N  U  M
P  O  S  I  O  N  A  R  Y  A  R  E  A  L
R  E  A  L

First Responder Word Search

Aid  Bandage  Safety
Harm  Burn  Tape  Fracture
Scratch  Splint  Wound
Airway  Bite  Cut
Help  Injury  Xray
Shock  Sprain  Poison
Fainting
### If someone has a minor burn...

**CHECK:** Verify the seriousness of the burn.

**CALL:** Notify an adult to decide if it is necessary to contact EMS or a doctor for this injury. If the skin is charred, the victim should see a doctor immediately.

**CARE:** Keep the burn under cold water for at least ten minutes. Do not apply creams or ointments. Dress the wound with loose bandages.

### If someone has a nosebleed...

**CHECK:** Check the status of the victim. If the nosebleed lasts longer than 20 minutes or is the result of an accident, they might have a more serious injury.

**CALL:** Seek medical help if the nosebleed lasts for more than 20 minutes or if it is the result of an accident or a blow to the head.

**CARE:** Have the person lean forward, have them pinch the soft part of their nose, and breathe through their mouth.

### If someone is unresponsive...

**CHECK:** Make sure the area is safe for you. Then check the victim to identify the problem. Is the victim breathing or moving? Look, listen and feel for breaths. Ask the victim, “Are you ok?”

**CALL:** Call 911. Call out for help, or send someone for help.

**CARE:** Care for the victim to the best of your ability while you wait for help to arrive. Some of the steps in treating hurry cases require special training to perform, but it’s important to know what they are.

### If someone is choking...

**CHECK:** If they are coughing, encourage them to keep coughing. If they stop coughing, ask if they want your help.

**CALL:** Call 911 if they stop breathing and become unresponsive.

**CARE:** If they need help, hit them firmly on their back up to five times. If the object is not removed, give abdominal thrusts by wrapping your arms around their body from behind, hold around their waist with your hands in a fist right above their belly button, give them five quick thrusts or squeezes like you are picking them up. Keep doing this until the blockage comes out.

### If someone has a bad bleed...

**CHECK:**

**CALL:** Call for help or send someone for help.

**CARE:** Stop the bleeding by applying direct pressure. Keep the wound as clean as possible to limit infection.

Cover an open wound with sterile gauze pad or a clean cloth folded into a pad. If it bleeds through the fabric, keep it in place and add more.

### If someone has a broken bone...

**CHECK:** Check to make sure the area is safe for you and the victim. If there is no other danger, do not move them.

**CALL:** Call out for help or send someone to go get help or call 911.

**CARE:** Tell the person to keep the injury still. Support the brake to stop it from moving using their hand, clothes or cushions.
If someone has a sunburn...
**CHECK:** Check for redness or possible swelling of the sunburned skin.

**CALL:** If the skin has blisters and they break open, call a doctor.

**CARE:** Cool the area by using cold water. Apply moisturizer or Aloe Vera lotion to the affected area and keep the skin covered completely until the burn is healed.

To prevent sunburns, everyone should wear sunscreen with sun protection factor (SPF) of at least 30 reapplying it every two hours, even on cloudy days!

If someone has a blister...
**CHECK:** Check to see if the blister “bubble” has formed.

**CALL:** There is no need to contact EMS, if a blister pops or tears it may require medical attention.

**CARE:** To prevent a blister, wear liner socks when hiking or place a bandage over an area that feels tender or warm from rubbing. To treat a blister that has formed, cover it with a doughnut bandage. To make one, cut a hole in the middle of a bandage and put the hole around the blister and then bandage over all of it.

If someone has frostbite...
**CHECK:** Watch for signs of frostbite when outdoors in the wintertime. The skin may look yellowish or gray and feel hard or wax-like.

**CALL:** Consulting with EMS is important, especially if numbness or pain remains after thawing or if blisters form.

**CARE:** Gradually warm the affected area by putting the area in warm water. If the frozen body part might refreeze after thawing, do not thaw, because this could cause tissue damage. NEVER RUB FROSTBITTEN FLESH! Get the victim to a doctor as soon as possible.

If someone has a tick...
**CHECK:** Check to see if the tick has attached itself into the person, but do not pull on the tick.

**CALL:** Get an adult to help remove the tick. If a rash or “ring” around the bite develops after the tick is removed or if they feel ill they should see a doctor.

**CARE:** The adult will grasp the tick with a tweezer close to the skin and gently pull until it comes loose. It’s important not to squeeze, twist, or jerk the tick, which could leave its mouth parts in the skin. Wash the wound with soap and water, and apply antibiotic ointment.

If someone is bitten by a venomous snake...
**CHECK:** Check for markings on the snake if this can be done without endangering yourself; this will help in identifying the snake.

**CALL:** Call EMS.

**CARE:** Remove rings from fingers before swelling can take place. Treat for shock and keep the part of the body that received the bite below the level of the heart. Keep the victim from moving excessively, and don’t give them any caffeinated beverages.

Bites and stings from insects...
**CHECK:** Be sure that you and the victim is safe from further stings.

**CALL:** If the victim has an allergy to venom, it is important to immediately alert EMS.

**CARE:** Move the victim away from the source of the stings. Use a plastic card to scrapw away the stinger to prevent the release of additional venom. Wash the area and apply a bandage. A cold compress with ice may help reduce swelling and discomfort.
Snowball Maze

Help the snowball roll from the beginning of the maze to the end.
# All of Our Friends

<table>
<thead>
<tr>
<th>Name</th>
<th>Hair Color</th>
<th>Eye Color</th>
<th>Favorite Food</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>