

WEEK 18 - HERO

Preparation and Materials needed	<ul style="list-style-type: none"> ✓ Materials needed for this session: First Responder color sheet, pencil, crayons/markers, Safety and Escape Plan Worksheet, ✓ Set up the room with places for the scouts to do the First Responder Color sheet immediately. ✓ Have the Scout Oath and Law visible ✓ Have the attendance sheet out and ready ✓ Review the session to be prepared to lead the discussion.
Gathering	Lion- Bear: First Responder Coloring Sheet Webelos-Arrow of Light : Superhero Coloring Sheet
Opening	Pledge of Allegiance
Talk Time	What is a first responder
Activity	Calling 911 Escape/Safety Plan
Closing	<ul style="list-style-type: none"> ✓ Point out positive behaviors and activities shown during this session. ✓ Tell the scouts what next session will be. ✓ Have the scouts clean up the room
After the meeting	<ul style="list-style-type: none"> ✓ Enter the advancements per rank. <ul style="list-style-type: none"> • Lion – Animal Kingdom 1-2 • Tiger – Safe and Smart 1c, 2-5 • Wolf – None • Bear – None • Webelos – First Responder 7 • Arrow of Light – none • Webelos/AOL Elective – Build My Own Hero 2, 6 ✓ Enter attendance ✓ Turn in any needed documents into the district/council ✓ Call, text, or e-mail 2 parents to share something positive about their scout. Make sure every scout has a positive comment before you return to these scouts.

Talk Time - What is a first Responder:

First responders are people who keep us safe. They include police, firefighter, EMS workers, and search and rescue professionals. Whenever an emergency happens or someone calls for help, they are the first people to respond.

Many first responders were once a scouter like you. Some enjoyed learning about first aid and wanted to provide emergency medical care for a living. Others became police officers or firefighters because they wanted to help other people just like the Scout Oath says.

In fact, first responders are helpful all the time, even when they aren't working. If an emergency happens in the woods, on an airplane, or in a restaurant, they quickly take action.

During this adventure, we are going to meet a first responder in person. Think about what you would like to ask them. Some questions might be about why they became a first responder, what they did in school to be a first responder, what is their favorite part of being a first responder, and what we should do if we ever need their help.

Speaking of needing their help, has anyone here ever needed a first responder or asked them for help.

*allow the scouts to respond. Steer the conversation to positive interactions. Ask questions like how did you contact them and how did they help you or your family.

Activity 1- Calling 911:

How to get help in an emergency.

When sending someone to get help, point at a specific person and say something like, "James, go call 911 and ask for an ambulance."

If you are told to call 911 remember the three Ws: Who, What, and Where.

- **Who.** Give the name and the phone number you're calling from.
- **What.** Explain the situation. Is it a fire? A car accident? How many people are hurt? What are the injuries?
- **Where.** Give the exact location, using either the street address or the names of both streets at the nearest corner.

Never hang up until the operator tells you to. He or she may need more information. Don't worry; the operator can send help.

We are going to practice calling 911.

* Have the scouts break into groups of 2 or 3 and make up a situation where they would call 911. After they have come up with their situation have them practice calling with you as the 911 operator.

Use the following as a basis of the practice.

Program Leader Hello, emergency service operator. Which service do you require? Fire, police or ambulance?

Scout Fire/police/ambulance

Program Leader I'll connect you now...

...

Program Leader Hello, what is your name?

Scout

Program Leader What number are you calling from?

Scout

Program Leader Where are you?

Scout

Program Leader What has happened?

Scout

After each practice ask the scouts what went well, what can be done better? Remind the scouts to NEVER call 911 unless there is a real emergency.

Activity 2 Escape/Safety Plan:

The other first responders we see in the community are Fire Fighters. When do we call for Fire Fighters?

* Allow the scouts to respond and encourage any positive responses.

Developed at Crossroads of America Council - After School District - Lead by Josette Crawford

Today we are going to make a safety plan with an escape map. This plan is important so if you ever have a fire at your house you can get out safely. Take the plan home and ask your family to practice the safety plan.

Safety Plan sheet is in the scout booklet.

Go over and practice "Stop, Drop, and Roll"

Closing Meeting a First Responder

At the next session we are going to meet a First Responder in person. Think about what you want to ask them. You might ask questions like:

- Why did you become a First Responder?
- What is your favorite part of your job?
- What should I do if we meet in the community?
- How could I become a first responder?
- Were you in Cub Scouts or Boy Scouts?