

Session 1

Preparation and Materials needed	<ul style="list-style-type: none"> ✓ Materials needed for this session: Oath and Law poster, American flag, a soft hand ball or object to throw, Partnering Adult letters separated according to rank, and the Bobcat Hand out. ✓ Write the leaders name on the Partnering Adult Letters. There is a line provided midway down the letter. ✓ Set up the room by arranging the chairs into a big circle. There should be enough chairs for everyone but the leader. If there are no chairs, make seats by putting a piece of paper to sit on. ✓ Have the Scout Oath and Law visible ✓ Have the attendance sheet out and ready ✓ Review the session to be prepared to lead the discussion. Do not read it to the scouts, be prepared ahead of time to smoothly lead the session.
Gathering	The Name Game
Opening	Pledge of Allegiance
Talk Time	The Scout Oath and Law
Activity	"I love a scout who" game
Closing	<ul style="list-style-type: none"> ✓ Point out positive behaviors and activities shown during this session. ✓ Tell the scouts what next session will be. ✓ Have the scouts clean up the room ✓ Homework for scouts and Partnering Adult Letters
After the meeting	<ul style="list-style-type: none"> ✓ Enter the advancements per rank. <ul style="list-style-type: none"> • Lion – King of the Jungle 1 & 2 • Tiger – Bobcat & Games Tigers Play 1a, 1b, & 1c • Wolf – Bobcat & Council Fire 1 • Bear – Bobcat • Webelos – Bobcat • Arrow of Light – Bobcat ✓ Enter attendance ✓ Turn in any needed documents into the district/council ✓ Call, text, or e-mail 2 parents to share something positive about their scout. Make sure every scout has a positive comment before you return to these scouts.

Gathering: Name game

Have everyone but the leader sit in a circle. For large groups with more than one leader or volunteers, divide the group into two or more circles playing at once. Suggest separating the groups by rank with the younger boys together and the older boys together. The purpose of the game is to learn everyone's name. The leaders explain the rules:

1. Everyone has to raise their hand to be ready to play.
2. The leader says their name and a noun starting with the same letter. The leader can require the noun to be an animal, a plant, a color, etc. For example, if the leader's name is Walter they would say, "Walter water." Then the leader throws the ball to someone with their hand up.
3. Throw the ball to someone who has his hand raised (but not the person beside you);
4. The person drops their hand when they catch the ball
5. If a boy drops the ball, don't try to retrieve it—just continue the game, the leader will get the ball and give it back to the boy to toss.

6. The person that caught the ball says the name and noun of the person that threw the ball to them (Walter water) and then says their name and noun (Steve snake)
7. Then tosses the ball to the next person with their hand up (not right next to them)
8. Play continues until everyone has caught the ball and no more hands are raised.
9. Play again, but, the leader can put more balls into the game; see how many balls can go at once without forgetting to say the names & nouns without dropping the balls.

Opening: Pledge of allegiance

- ✓ Pick 2 scouts to hold the flag – These boys should be demonstrating good behavior
- ✓ Explain the two scouts will be holding the flag this week and two new boys will be picked every week.
- ✓ Holding the flag is an honor
- ✓ Explain the scouts in uniform have to salute the flag, those not in uniform put their right hand over their heart. Have everyone demonstrate the salute.
- ✓ Make sure the flag holders hold it up high to keep it off the ground, pull it tight, and hold it with both hands.
- ✓ Ensure all of the scouts are focused and ready to begin
- ✓ Lead the Pledge of Allegiance
- ✓ Explain the flag holders now get to fold the flag.
- ✓ To keep the group engaged ask them to guess how many folds it will take to fold the flag properly.
- ✓ Lead the flag holders in folding the flag counting out loud with every fold.

Talk Time: The Scout Oath and Law

One of the first thing a scout learns is the Boy Scout Oath and Law. Boy Scouts all of the world for over 100 years learned and live the oath and law. We are going to learn it together and we will be saying it every time we meet.

The Scout Oath is (Point to the Oath Poster and point to each word as you say it):

On my honor I will do my best
 To do my duty to God and my country
 And to obey the Scout Law:
 To help other people at all times;
 To keep myself physically strong,
 Mentally awake, and morally straight.

What does “Oath” mean? *Allow the boys to answer the question. Encourage any positive answers.*

An oath is a promise. This means when you say “On my honor” you are saying you are a good person and I promise to do what I say no matter what! So saying “On my Honor” is like saying “I promise.” It means that you will do your best to do what the Scout Oath says.

The Scout Oath has three promises. Let’s look at what they mean.

To do my duty to God and my country, and obey the Scout Law...A duty is something you are expected to do. At home you might be expected to make up your bed or take out the trash. You also have duties to God and country. You do your duty to God by following teaches of your family and religious leaders. You do your duty to your country by being a good citizen and obeying the law. You also promise to live by the 12 points of the Scout Law.

To help other people at all times... Many people need help. A friendly smile and a helping hand make life easier for others. By helping other people, you are doing a Good Turn and making our world a better place.

To keep myself physically strong. Mentally awake, and morally straight... The last part of the Scout Oath is about taking care of yourself. You stay physically strong when you eat the right foods and get plenty of exercise. You stay mentally awake when you work hard in school, learn all you can, and ask questions. You stay morally straight when you do the right thing and live your life with honesty.

Now the Scout Law. The first promise of the Scout Oath says we will follow the Scout Law. The Scout Law is 12 points. Each is a goal for every Scout. He does his best to live up to the law every day. It is not easy to do, but a Scout always tries.

Let's look at what the points of the law and what they mean. (Point to the points of the law as you talk about it)

A scout is Trustworthy. A scout tells the truth and keeps his promises. People depend on him.

A scout is Loyal. A scout is true to his family, friends, Scout leaders, school, and country.

A scout is Helpful. A scout volunteers to help others without expecting a reward.

A Scout is Friendly. A scout is a friend to everyone they meet, even people different from him.

A scout is Courteous. A scout is polite to everyone even people who are very different from him.

A scout is Kind. A scout treats others as he wants to be treated. He never harms other living creatures in actions, deeds, or words.

A scout is Obedient. A scout follows the rules of his family, school, and pack. He obeys the laws of his community and country.

A scout is Cheerful. A scout looks for the bright side of life. He cheerfully does tasks that come his way.

A scout is Thrifty. A scout works to pay his way. He uses time, property, and natural resources wisely.

A scout is Brave. A scout can face danger even if he is afraid. He stands for what is right even if others laugh at him.

A scout is Clean. A scout keeps his body and mind fit. He helps keep his home and community clean.

A scout is Reverent. A scout is reverent toward God. He is faithful to his religious duties. He respects the beliefs of others.

To help you remember the Scout Law there is a song called Trustworthy Tommy. Singing the song is like singing the alphabet song to remember your letters. I will sing the song now. If you know the song, join me. We will sing this song often in scouts. (Point to the points of the Law when you sing the song.)

Trustworthy Tommy Song (*sang to the tune of Yankee Doodle*)

Trustworthy Tommy was a Scout,

Loyal to his mother,

Helpful to the people around and

Friendly to his brother.

Courteous to a girl he knew,

Kind unto his family

Obedient to his father, too and

Cheerful in his habit.

Thrifty saving for a need

Brave and not a faker

Clean in a word and thought and deed and

Reverent to his Maker.

We will talk about this more next week, but let's do the best thing about Cub Scouts...Can you guess what that is?

Allow the boys to respond and encourage any positive responses.

We are going to play a game and have fun!

Activity: "I love a Scout who" game

The purpose of this game is to learn more about each other in a fun, interactive manner.

Have everyone sit in the circle and the leader explains the rules of the game. The rules are:

- The person without a seat is "it".
- "It" stands in the middle of the circle.
- "It" says, "I love a scout who...." Something true about them self. For example, "I love a scout who just learned about the scout oath and law" or "I love a scout who is wearing shoes."
- If it is true for the people sitting in the circle, they have to get up and find another seat. They have to move at least 2 seats away from their current seat. While the person "It" tries to find a seat.
- Whoever that did not find a seat is the new "it."
- If multiple people try to sit in the same seat, whoever has their butt down first gets the seat. If it is a tie, both people have to find a different seat. If it is the last seat available, the leader will get up and both people can sit and the leader is "it."
- The person that is "It" has 15 seconds to come up with something that is true for them self to go. If they cannot come up with anything the leader can choose to have everyone move or the leader can come up with something scout related to help the person that is "it".
- The leader should watch for people trying to be "it" too often. They tend to go slow so they cannot get a seat.
- The leader should discourage comments in bad taste. For example, "I love a scout who farts/poops/has a girlfriend/kissed someone/etc."
- After the game as the boys what they learned playing the game & how they helped the den to play their part of the game. (How they helped would be moving quickly, being honest, sharing about themselves, etc)

Closing: Introduction to Scout Homework

Scouting is a lot of fun and we do lots of interesting and fun things. But our families are very important. Each of us have adult partners that help us. For some of us our adult partner is our mothers and fathers, for others it is our grandparents, for others it is our aunts or uncles, for others it is our baby sitters, older brothers and sisters, or our neighbors. Adult partners are any adults that cares for us and wants us to be successful. Everyone think about who is that person. They probably help us with our homework, they ask us about our day, they make sure we eat good food, and have clean clothes. A scouts partnering adult is very important to help a scout be successful.

Sometimes at scouts we will have homework. Usually the homework is really easy. Our homework is usually asking your partnering adult what they think about something or tell you something special. Sometimes you need the partnering adult to help you to do something before the next meeting.

Today, we have our first homework of the year! It is a letter telling the Partnering Adult what we are going to do this year according to your rank. Also a copy of all of the stuff you need to know to earn your Bobcat. Your homework is to give these papers to your partnering adult and ask them to read it. Use the paper to review the Scout Oath, Law, the solute, the hand shake, the sign, and the motto to earn your Bobcat.

At the next meeting we will talk about our code of conduct. That means we will figure out how we think we should talk to each other and how we will act when we are together...Oh and we will play more games and have more fun!